



2022-2023 Impact & Club Engagement Report

SOROPTIMIST INTERNATIONAL OF THE AMERICAS

In 2022-2023, **19,114 girls participated in *Dream It, Be It* through 296 projects** hosted by Soroptimist clubs.

This year, the number of girls reached increased by 7,447 (64% increase) and the number of projects increased by 27 (10% increase). Of the 296 projects held in 2022-2023, 138 were conferences, 158 were a series of small group mentoring sessions, and 97 were held in another format. This year, clubs contributed 29,109 volunteer hours and \$273,859 in support of local *Dream It, Be It* projects.

Clubs' and regions' dedication to our Big Goal of investing in the dreams of half a million women and girls was shown in this year's participation in *Dream It, Be It*. This year more girls participated in the program, and the impact of *Dream It, Be It* remains strong: the program evaluation outcomes met or exceeded all of our targets, FY22/23's performance, and five-year averages. *Dream It, Be It* is still extremely relevant and beneficial to the girls who participate. To secure our future – and the impact we have on girls – we need to continue our efforts to work towards the same goals. SIA is committed to serving more girls who face obstacles such as poverty, violence, teen pregnancy, foster care or other circumstances. SIA's research found 10.2 million girls in our countries and territories who are 14-18 years old and living in poverty. These are girls who could be served by *Dream It, Be It*. For us to reach our Big Goal – and for others to understand how our global efforts improve the lives of girls – we need to continue investing our resources in *Dream It, Be It* to strengthen our story of greater impact.

Using a participant evaluation form, clubs collected responses from girls after each *Dream It, Be It* project and entered them into an online evaluation form. For 2022-2023, the online evaluation form collected responses on behalf of 12,951 participants (78% of girls in our target age group). The girls reported exciting results:

- 88% feel more confident about their future success
- 87% feel more prepared to pursue their career goals
- 85% report *Dream It, Be It* has provided them with new tools to overcome obstacles to their success
- 84% report *Dream It, Be It* has provided them with new tools to overcome setbacks
- 89% understand how their values can connect to possible careers
- 87% know women who want to support their professional aspirations
- 87% were introduced to professional role models
- 91% created achievable goals for their future

Inspiring Quotes

In addition to quantifiable results, we also received feedback from girls about how *Dream It, Be It* has affected their lives:

- "As a young girl, we can survive and pass these challenges. We don't need to consider difficulties as hindrances because these can serve as motivation to keep going, fighting in achieving our dreams." -- Philippines Region
- "I have nothing to fear if I put my mind to it and prioritize the important things."--America del Sur Region
- "I am so thankful for the opportunities to have been bonded with such incredible female forces. I am excited to learn and grow from this experience" --Camino Real Region
- "No matter how many times I fail, I never give up. I learned that there are many different paths to get to my future job." –Japan Chuo Region

Club Participation

In 2022-2023, a total of 408 clubs engaged with *Dream It, Be It* (34% of clubs). This was a 13 percent increase from clubs engaging in 2021-2022.

Clubs engage with *Dream It, Be It* through [participating \(P\) or supporting \(S\) another club's project.](#)

America del Sur Region

16 Clubs

SI/Alto Parana, Paraguay (P)
SI/Arandu (P)
SI/Asuncion (P)
SI/Concepcion (P)
SI/El Hatillo(P)
SI/Encarnación (P)
SI/Gloriosas, Paraguay (P)
SI/Lecheria (P)
SI/Lima (P)
SI/Luz, Paraguay (P)
SI/Milenium-Asuncion (P)
SI/Miranda, Venezuela (P)
SI/Nueva Era Asuncion (P)
SI/Oruro (P)
SI/Panambi (P)
SI/Posadas (P)

Brazil Region

23 Clubs

SI/Araguari (P)
SI/Brasilia (P)
SI/Brasilia Norte-Sul (P)
SI/Brasilia Sudoeste (P)

SI/Canoas (P)
SI/Catalao (P)
SI/Catanduva (P)
SI/Curitiba Batel (P)
SI/Florianopolis (P)
SI/Guarapuava (S)
SI/Jaragua Do Sul (P)
SI/Lages (P)
SI/Medianeira (S)
SI/Porto Alegre Metropolitana (P)
SI/Presidente Prudente (P)
SI/Rio Do Sul (P)
SI/Rio Negro PR (P)
SI/Santos (P)
SI/Santos Praia (P)
SI/São Bento do Sul (P)
SI/Sao Paulo (P)
SI/São Vicente (P)
SI/Uberlandia (P)

Camino Real Region

14 Clubs

SI/Alhambra/SanGabriel/SanMarino,
CA (P)
SI/Camarillo (P)

SI/City of Commerce (P)
SI/Conejo Valley (P)
SI/Glendale (P)
SI/Greater Santa Clarita Valley (P)
SI/Lakewood-Long Beach (S)
SI/Los Angeles (P)
SI/Montebello (P)
SI/Ornard (P)
SI/Pico Rivera (S)
SI/Simi Valley (P)
SI Valencia (P)
SI Ventura (P)

Central East Coast Region

11 Clubs

SI/Fairfax County (P)
SI/Frostburg (S)
SI/Hagerstown (P)
SI/Kent and Queen Anne's
Counties (P)
SI/Manassas (S)
SI/Montgomery County (P)
SI/Raleigh (P)
SI/Upper Montgomery County (P)
SI/Wake Forest (P)

SI/Woodbridge (P)

Desert Coast Region

22 Clubs

SI/Alpine (P)
SI/Artesia-Cerritos (P)
SI/Buena Park (P)
SI/Capistrano Bay (P)
SI/Coronado(S)
SI/Fullerton (S)
SI/Greater Yuma (P)
SI/Huntington Beach (P)
SI/La Jolla (S)
SI/Laguna Beach (P)
SI/Newport Harbor Area (P)
SI/Norwalk/Santa Fe Springs (P)
SI/Oceanside-Carlsbad (P)
SI/Orange (P)
SI/Poway (P)
SI/Saddleback Valley (P)
SI/San Diego (S)
SI/San Dimas/La Verne (P)
SI/Santa Ana/Tustin (S)
SI/Vista and North County Inland (P)
SI/Westminster (P)
SI/Whittier (P)

Eastern Canada Region

6 Clubs

SI/Dundas/Ancaster/Flamborough (P)
SI/Grand Erie (P)
SI/Kawartha Lakes (P)
SI/Peterborough (P)
SI/Thunder Bay (P)
SI/Toronto (P)

Founder Region

16 Clubs

SI/24-680 (Walnut Creek) (P)
SI/Antioch (P)
SI/ Central Oahu (P)
SI/Diablo Vista (P)
SI/East Bay (The), (P)
SI/Eel River Valley (P)
SI/Fort Bragg (P)
SI/Guam (P)
SI/Marianas (The), (P)
SI/Martinez (P)
SI/Napa (P)
SI/Redwoods (The), (P)
SI/Rio Vista (P)
SI/Sonoma Valley (P)
SI/The Delta (P)
SI/Vallejo (P)

Golden West Region

14 Clubs

SI/Arizona Peaks (P)
SI/Big Bear Valley (P)
SI/Blythe (P)
SI/Chino Hills/Inland Empire (P)
SI/Corona (P)
SI/Desert Tucson (P)
SI/Kingman (P)
SI/Las Cruces (P)
SI/Moreno Valley (P)
SI/Mountain Morning (P)
SI/Phoenix (P)
SI/Riverside (P)
SI/San Bernardino (P)
SI/San Jacinto-Hemet Valley (P)

Japan Chuo Region

14 Clubs

SI/Anjo(P)
SI/Fuji (P)
SI/Gifu (P)
SI/Hamamatsu (P)
SI/Himeji (P)
SI/Hirakata-Chuo (S)
SI/Kobe Higashi (P)
SI/Maizuru (P)
SI/Nagahama (P)
SI/Nara-Asuka (P)
SI/Osaka (P)
SI/Toyama (P)
SI/Toyohashi (P)
SI/Wakayama (P)

Japan Higashi Region

11 Clubs

SI/Atsugi (P)
SI/Chigasaki (S)
SI/Kawasaki-Yuri (P)
SI/Machida (P)
SI/Niigata (P)
SI/Niigata-Nishi (P)
SI/Sano (P)
SI/Tokyo-Komae (P)
SI/Tokyo-Sakura (P)
SI/Tokyo-Yayoi (P)
SI/Yamanashi (P)

Japan Kita Region

36 Clubs

SI/Aizu (P)
SI/Akita (P)
SI/Aomori (P)
SI/Asahikawa (P)

SI/Asahikawa Wakaba (P)

SI/Bibai (P)
SI/Fukushima (P)
SI/Furano(P)
SI/Hachinohe (P)
SI/Hakodate (P)
SI/Higashine (P)
SI/Honjo (P)
SI/Kesennuma (P)
SI/Kitakata (P)
SI/Kitami (P)
SI/Kitami Mint (P)
SI/Kushiro (P)
SI/Kushiro Amity (P)
SI/Morioka (P)
SI/Muroran (P)
SI/Obihiro (P)
SI/Obihiro Midori (P)
SI/Odate (P)
SI/Omagari (P)
SI/Sagae (P)
SI/Sapporo (P)
SI/Sapporo-Neue (P)
SI/Sendai (P)
SI/Shinjo (P)
SI/Shizunai (P)
SI/Sukagawa (P)
SI/Tendo (P)
SI/Tomakomai (P)
SI/Wakkanai (P)
SI/Yamagata (P)
SI/Yamanobe (P)

Japan Minami Region

20 Clubs

SI/Fukuoka (P)
SI/Fukuoka-Nishi (P)
SI/Fukuoka-Yayoi (P)
SI/Isahaya (P)
SI/Karatsu (P)
SI/Kitakyushu (P)
SI/Kumamoto (P)
SI/Kumamoto-Sakura (P)
SI/Kumamoto-Sumire (P)
SI/Miyazaki-Higashimoro (P)
SI/Nagasaki Garland (P)
SI/Niho (P)
SI/Nogata (P)
SI/Oita (P)
SI/Oita-Funai (P)
SI/Okinawa (P)
SI/Omura (P)
SI/Omuta(P)
SI/Sasebo-Pearl (P)
SI/Yatsushiro (P)

Japan Nishi Region

9 Clubs

SI/Fukuyama (P)
SI/Hikari (S)
SI/Imabari (P)
SI/Kojima (P)
SI/Kumano (P)
SI/Matsuyama (P)
SI/Okayama (P)
SI/Rose-Fukuyama (P)
SI/Tamano (P)

Korea Region

10 Clubs

SI/Daegu (S)
SI/Daegu Soosung (P)
SI/Jeju (P)
SI/Kwangjoo Moodeung (P)
SI/Kwangjoomoojin (P)
SI/Kwangjooseosuk (P)
SI/Newbusan (P)
SI/Newdaejeon (P)
SI/Seoseoul (P)
SI/Yongsan (P)

Mexico/Centroamerica Region

8 Clubs

SI/Boquete (P)
SI/Colon (P)
SI/David (P)
SI/Pachuca (P)
SI/Terronal (P)
SI/Tijuana Centro (P)
SI/Tulancingo (P)
SI/Volcan (P)

Midwestern Region

8 Clubs

SI/Bloomington-Normal (P)
SI/Cleveland (P)
SI/Columbus & Franklin County (P)
SI/Flat Rock Area (P)
SI/Greater Macomb (P)
SI/Grosse Pointe (P)
SI/NE Suburban Franklin County (P)
SI/Trenton and Downriver Area (P)

North Atlantic Region

13 Clubs

SI/Cape May County (P)
SI/Central Jersey Coast (P)
SI/Centre County (P)
SI/Connecticut Shoreline (P)
SI/Farmington Valley (P)

SI/Fayette County (P)
SI/Five Points Magneta (P)
SI/Greater Hartford (P)
SI/Hackettstown (P)
SI/Indian Rock (P)
SI/Long Beach Island (P)
SI/Staten Island (P)
SI/Willmantic (P)

Northwestern Region

13 Clubs

SI/Coeur d'Alene (P)
SI/Coupeville (P)
SI/Friday Harbor (P)
SI/Gresham (P)
SI/Hood River (P)
SI/La Grande (P)
SI/Lower Yakima Valley (P)
SI/McMinnville (P)
SI/Moses Lake (P)
SI/Oak Harbor (P)
SI/Pasco-Kennewick (P)
SI/Spokane (P)
SI/Three Rivers (P)

Peaks to Plains Region

8 Clubs

SI/Algona (P)
SI/Caldwell (P)
SI/Evanston (P)
SI/Ogden (P)
SI/Salt Lake City (P)
SI/Scotts Bluff County (P)
SI/Sioux Falls (P)
SI/Virginia (P)

Philippines Region

53 Clubs

SI/Alabang (P)
SI/Angat (P)
SI/Angeles City (P)
SI/Antipolo (P)
SI/Baguio City (P)
SI/Baliuag (P)
SI/Batangas Downtown (P)
SI/Batangas Intercity (P)
SI/Batangas Premiere (P)
SI/Caloocan (P)
SI/Commonwealth (P)
SI/Congressional (P)
SI/Davao (P)
SI/Guagua (P)
SI/Gumaca (P)
SI/Igorots (P)
SI/Iloilo (P)

SI/Kabatanguena (P)
SI/Kabisig (P)
SI/Kalibo (P)
SI/Las Pinas Central (P)
SI/Las Pinas Prime (P)
SI/Lipenas (P)
SI/Lopez (P)
SI/Lucena City (P)
SI/Mabini (P)
SI/Magalang
SI/Makati (P)
SI/Mandaluyong (P)
SI/Marikina Metro (P)
SI/Metro Cabanatuan (P)
SI/Meycauayan (P)
SI/Meycauayan Sto. Nino (P)
SI/Norzagaray Central (P)
SI/Nova Central (P)
SI/Ortigas & Environs (P)
SI/Palawan (P)
SI/Pampanga (P)
SI/Pasig (P)
SI/Plaridel (P)
SI/Puerto Galera (P)
SI/Quezon City (P)
SI/Rosario (P)
SI/San Jose Batangas (P)
SI/San Jose City (P)
SI/San Jose Del Monte (S)
SI/San Juan (P)
SI/San Rafael (P)
SI/Silangan (P)
SI/Sta. Maria (P)
SI/Tagum City (P)
SI/Tanauan (P)
SI/Tarlac (P)

Sierra Nevada Region

16 Clubs

SI/Bidwell Rancho (P)
SI/Chico (P)
SI/Citrus Heights (P)
SI/Davis (P)
SI/Downtown Redding (P)
SI/Elk Gove (P)
SI/Forsom El Dorado Hills (P)
SI/Greater Las Vegas (P)
SI/Las Vegas Valley (S)
SI/Metropolitan Las Vegas (P)
SI/Pahrump Valley (P)
SI/Rancho Cordova & Gold River (P)
SI/Tahoe Sierra (P)
SI/Truckee Donner (P)
SI/Woodland (P)
SI/Yreka (S)

Sierra Pacific Region

14 Clubs

SI/Ceres (P)
SI/Clovis (P)
SI/Hanford (P)
SI/Lodi (P)
SI/Los Banos (P)
SI/Manteca (P)
SI/Modesto (P)
SI/Modesto North (P)
SI/Oakdale (P)
SI/San Luis Obispo (P)
SI/Sierras (The) (P)
SI/Taft (P)
SI/Turlock (P)
SI/Watsonville (P)

South Central Region

11 Clubs

SI/Carthage (P)
SI/Dallas (P)
SI/El Dorado (P)
SI/Grand Prairie (P)
SI/Greater St. Louis (P)
SI/Joplin (P)
SI/Lawrence (P)
SI/Muskogee (P)
SI/Ponka City (P)
SI/Rockwall (P)
SI/JVandalia (P)

Southern Region

3 Clubs

SI/Davie (P)
SI/Palm Beaches (The) (P)
SI/Pompano Beach (P)

Taiwan Region

34 Clubs

SI/East Taiwan (P)
SI/Hsin Chu Hsien (P)
SI/Hsin-Chu (P)
SI/Hsin-Chu Happiness (P)
SI/Hsinchu Zhubei (P)
SI/Kaohsiung (P)
SI/Kaohsiung Bayu (P)
SI/Kaohsiung Phoenix (P)
SI/Kaohsiung Sheng-Shing (P)
SI/Kaohsiung Shin-Ho (P)
SI/Kaohsiung Suti (P)
SI/Kaohsiung Truth Goodness & Beauty (P)
SI/Kinmen County (P)

SI/Miaoli (P)
SI/New Taipei City Love Day (P)
SI/New Taipei City, Taiwan (P)
SI/Peng-hu Hsien (P)
SI/Pingtung Sunshine (P)
SI/Taichung (P)
SI/Taichung Carnation (P)
SI/Taichung Hsien (P)
SI/Taichung Port (P)
SI/Taichung Wenxin (P)
SI/Tainan (P)
SI/Tainan Hsien (P)
SI/Taipei (P)
SI/Taipei Beacon (P)
SI/Taipei Ladies, Taiwan (P)
SI/Taipei Women Tribe (P)
SI/Taitung Hsien (S)
SI/Taiwan Province (P)
SI/Taoyuan City (P)
SI/Taoyuan Fang-Chen (P)

Western Canada Region

8 Clubs

SI/Chilliwack (P)
SI/North and West Vancouver (P)
SI/Saskatoon (P)
SI/Surrey Delta, BC (P)
SI/Tri Cities (The), BC (P)
SI/Vancouver, BC (P)
SI/Victoria Westshore, BC (P)
SI/White Rock, BC (P)