

## BEYOND A CASH AWARD

## Going Beyond a Cash Award

### Introduction

Soroptimist International of the Americas recognizes the power and potential of the *Live Your Dream Award* and continues to seek ways in which to strengthen its impact on women's lives. SIA seeks to have **80 percent of Live Your Dream Award recipients who have completed their education report an increased standard of living** within three years of receiving the award. Based on an outstanding history of creativity and commitment to this program by SIA clubs, we are confident that if clubs implement some of the below strategies, we can meet this challenge!

### Planning for Additional Support

There are details below that describe strategies such as mentoring, job support, financial support, working with children, etc. to creatively increase the impact of a Soroptimist *Live Your Dream Award*. While those strategies are useful suggestions for your club, you may need some assistance with how to plan any additional support. **This resource helps your club take the next step by explaining 1) how you can learn what additional support your recipient needs and 2) how to make a plan to provide the additional support with your club.**

### Learn More About Your Recipient

Review her application and reference(s)

- Review your recipient's application and references to collect important facts that will provide insight on her strengths and needs
- Take notes on the information you collect

Meet Face-to-Face

- Invite your recipient to meet you for coffee or to share a meal. Explain you want to get to know her better and you want to determine if there are other ways your Soroptimist club might be able to support her. You could also invite her to a club meeting if she is comfortable with that. Remind her you will respect her wishes regarding privacy and confidentiality.
- Explain you will be discussing some personal questions to learn more about her, and that you will be using this information to develop a plan for additional support to help her finish her education and live her dreams.
- Over coffee or your meal, ask your recipient questions that will provide insight on her strengths and needs. Examples include:

- Briefly tell me about yourself and your background.
- What are your strengths?
- What do you think you are good at?
- Tell me about your life as a child.
- What were your challenges as a child?
- As an adult, what are your challenges?
- What are your goals 1, 2, and/or 3 years from now?
- What are your current needs?
- How might our Soroptimist club help you?

### Develop a Personal Profile About Your Recipient

- Work with your recipient to create a profile about her and areas of possible support. Be sure to be clear that these might not all be items that your Soroptimist Club can offer, but that identifying them is a strong first step.
- Focus on the most important information.
- Create a simple profile of your recipient including the following topics:
  - Her Background

- Her Strengths
- Her Barriers to Success
- Her Goals (Education and Employment)
- Her Areas of Need (Personal and Family)

A sample profile:

Background	Strengths	Barriers	Goals	Areas of Need
27 year old single mom, one child	Daughter gives her joy	Poor self-esteem and self-worth	Complete Bachelors of Nursing degree	Mentoring
Employed as a hostess, income \$13,000 per year	Likes speaking publicly	History of physical, sexual, and emotional abuse	Find a nursing job	Counseling
Survivor of human trafficking	Loves to write Has transportation	No family support	Save enough money to move to a neighborhood with a good school	Educational Assistance Financial Support

### Make a Long-Term Plan

- Identify club and community resources to address your recipient’s barriers and areas of need. Examples include:
  - Provide a mentor (Soroptimist member or other community member based on recipient’s personal/career interests)
  - Find options for free or sliding scale counseling services
  - Provide partial financial payment for additional education expenses
  - Research other grant/scholarship opportunities for which your recipient would be eligible
  - Purchase a laptop and medical equipment/clothing for clinical nursing courses
  - Provide assistance with resume writing, practice interviewing, and networking
  - Provide financial assistance during annual events (gifts/gift cards for Christmas and birthdays, activities during school breaks, supplies for back-to-school)
- Determine the time-frame for assistance. Decide what support will be provided in 6 months, one year, two years, and/or three years.
- Create a simple action plan. Start with what you know for sure your recipient needs. Consider making a short-term plan (6 months to one year) and further developing as necessary. Identify a timeline, what type of support will be provided, and by whom. A sample action plan:

When	What	Who
March – May	Present financial award Identify a mentor Research counseling options Research scholarship/grant opportunities	Club members Club members Club members Club members
June – August	Invite to Soroptimist social Share identified counseling options Share scholarship/grant opportunities Counseling Purchase medical equipment/clothing for clinical nursing course	Club mentor Club mentor  Club mentor  Community church  Club members

	Financial assistance for summer camp (for daughter) Back to school supplies (for daughter)	Club members Club members
September – November	Invite to club meetings Counseling	Club mentor Community church
December – February	Gifts/gift cards for Christmas Counseling Financial assistance for tuition	Club members Community church Club members
Year 2	Invite to <i>Live Your Dream Award</i> ceremony for next recipient Graduation gift Help recipient prepare for interviews Shop for work clothes	Club mentor Club members Club mentor Club mentor
Year 3	Invite to <i>Live Your Dream Award</i> ceremony for next recipient Housewarming gifts for new apartment	Club mentor Club members

### Review

- Estimate costs for each item of support and the total cost of the plan.
- Consult with your club. Ask for input on what is feasible for the club to provide considering available funds and time. Decide as a club how and when support can be provided to your recipient. Be realistic—it is better to over-deliver than to disappoint your recipient!
- Meet with your recipient to ask her for approval of your plan.
- If there are any areas of need your club cannot assist with, consider if you can assist her in finding that help (example: If she needs housing assistance, perhaps someone can help her research how to obtain housing assistance).

### Finalize

- Appoint a club mentor to support and communicate with your recipient.
- Review and update the plan annually or as needed.

### Increasing the Impact of the Soroptimist *Live Your Dream Awards* in the Lives of Award Recipients

A 2017 survey of the 2013-2014 *Live Your Dream Awards* region award recipients asked which resources or assistance, in addition to a cash award, would have been most helpful for these women as they completed their education. Their responses spanned a wide range of support options:

- 73%: An opportunity for additional funding to support further education or training
- 34% Career guidance (i.e. job searching, resume review)
- 34%: Tax or financial advice
- 33% School supplies
- 28%: An opportunity for funding to start a business
- 27% Internship/volunteer opportunities
- 26%: Mentoring by a local Soroptimist member
- 24%: An on-line, private support group of women who have received a *Live Your Dream Award*
- 15%: On-line mentoring

### Suggestions for Additional Support

The below strategies were devised both in response to this feedback from former award recipients and also based on existing ideas from clubs already working in their communities to creatively increase the impact of the Soroptimist Live Your Dream Award.

### Mentoring

Seek to create a long-lasting relationship with your award recipient wherein you provide ongoing mentorship and support to help her reach her educational and professional goals.

- Contact your award recipient throughout the year and ask how she is doing.
  - What frustrations is she experiencing?
  - Do you share similar obstacles?
  - How have you worked to overcome those obstacles in your own life?
  - Are there things you can do to support her while she seeks to overcome similar obstacles?
- Offer to take your award recipient out to lunch every couple of months to check in and develop a deeper relationship.
  - Provide recipients with online mentorship through regular emails or chats.

### Job Support

Many recipients note that one of the biggest changes in their lives stemmed from knowing that a strong community of successful women believed in them. As Soroptimists, you are respected female leaders and professionals in your local community.

- Assist recipients with completing job or school applications, provide letters of recommendation or serve as a reference for a job application.
- Ask your recipient if she would like you to review her resume or offer to conduct a mock interview. Provide advice about interview etiquette and attire or how to best structure a response to questions.
- Offer to take her shopping and buy her an interview outfit.
- Provide strategies to enhance networking capabilities and tips to facilitate a successful job search.
  - Do you have networking strategies that have worked well in your professional life?
  - Are there contacts that you have that might be helpful to the recipient?

### Financial Support

Encourage club members to think about ways to provide ongoing financial assistance throughout the year to supplement your club's generous cash award with other types of assistance to help meet the multi-faceted needs of female heads-of-household.

- Donate student or family support items, such as laptops, professional clothing, children's clothing, or household goods.
- Provide gift certificates for day-to-day needs, such as gas, automotive care, public transportation, haircuts, self-care items, prescriptions, or groceries.
- Clubs can also donate services that are of financial value, such as volunteering to prepare your recipient's income taxes.
- Purchase and wrap holiday gifts for recipients and their families.

### Working with Children

The majority of award recipients have noted that the positive impact of the award extended beyond the recipients themselves to their children. There are many ways clubs can engage in enriching opportunities with or provide support to award recipients' children.

- Create programming, such as a "Mommy and Me" fun day for recipients and their children.
- Sponsor a summer camp opportunity.
- Help defray back-to-school costs by providing backpacks filled with school or art supplies.
- Donate musical instruments to allow an award recipient's children to participate in a school band or orchestra.
- Arrange carpools to increase access to after-school programming and activities for recipients' children.
- Assist with childcare.

- Host birthday parties for her children or help purchase birthday gifts for them.

### Program Support

Ask former recipients to engage with members in supporting the *Live Your Dream Awards*. Ask them to lend their talents and creativity to ensure the success of this program. This will further demonstrate that your club values and respects your recipient as a member of your community and as a strong, capable woman.

- Find other applicants: Recipients can informally spread the word about opportunities available through the Soroptimist *Live Your Dream Award* with classmates or friends who might be eligible to apply. Encourage recipients to get creative and generate ideas about new groups or agencies at which to provide application information.
- Serve as judges: Asking a former award recipient to serve as a Soroptimist *Live Your Dream Award* judge further demonstrates your club's respect and admiration for award recipients and deepens your working relationship with each other.
- Marketing materials: Former award recipients can speak to what appealed to or inspired them to apply for the Soroptimist *Live Your Dream Award*. They may have some additional insight on how to best promote it to others.
- Newspaper articles: Interviewing recipients about how their life has been changed through the Soroptimist *Live Your Dream Award* is another meaningful way in which recipients could contribute to supporting the program while simultaneously being celebrated as a role model within their local community.

### Connect Past Club Recipients as a Support Group

Clubs can help create networks of peer support for recipients by providing the contact information and resources necessary to form support groups of current and former award recipients from both their own club and other nearby clubs.

- Offer to secure a space, such as a room at a community center, for recipients to come together and meet or help facilitate an online support network.
- Invite former award recipients to attend club banquets or award ceremonies together to build community.

### Connect with Other Community Resources, Including Opportunities for Additional Funding, Financial Advice, etc.

Clubs can serve as a bridge from the recipient to a wealth of other community resources.

- Invite recipients to LiveYourDream.org to connect them with a community of change makers who support them. LiveYourDream.org has a blog that is especially geared towards women seeking support to live their dreams.
- Connect recipients to community center programs or other free instruction that might bolster practical skills, such as computer skills.
- Keep a record of community resources so clubs can connect recipients to appropriate services, such as free counseling, free financial planning services, or community agencies that provide assistance with utilities or heating costs.
- Direct to resources or provide assistance to help a recipient launch her own small business.
- Invite recipients to sign up as a LiveYourDream.org supporter.
- Investigate opportunities for other grant awards or scholarships to complement the financial assistance provided by the Soroptimist *Live Your Dream Awards*. Do other programs provide assistance with paying back student loans?
- Are there opportunities to reduce insurance or other costs based on degree completion?

### Include in Club Activities or Membership

Because of the life-changing nature of this award and how proud many recipients are to receive it, recipients often express an interest in remaining in contact with the club.

- Invite your recipient to join your club in participating in a rewarding service project.
- If a former recipient is now in the financial position to do so, invite her to join your club.
- Gift a former recipient her first year's membership with Soroptimist as a graduation gift.

### Conclusion

Through the Soroptimist *Live Your Dream Awards*, SIA reaches tens of thousands of women across its countries and territories. But there is still more that can be done to further increase the quality of change in the lives of award recipients and improve the standard of living for these women and their families. Beyond a one-time cash award, Soroptimists can provide ongoing support and encouragement to women in ways that deepen this impact and go even further to fulfill our mission.