



2025-2026 Sorooptimist Leadership Fellows Program

Agenda, Session Descriptions and Learning Objectives

Sunday, July 26, 2026, 8:30a.m. – 3 p.m. KST

Island Room, INPIRE Entertainment Resort, Incheon, South Korea

Light breakfast refreshments available for Fellows Participants

7:45 a.m.

Welcome and Opening Remarks

8:30 a.m.

Iesha D. Brown, SIA Chief Impact & Engagement Officer

From Scroll to Strategy: Managing Social Media

8:45 a.m.

Charlisa Holloway Edelin, Esq.

In the session, we will delve into the challenges and opportunities that social media presents in organizations. Participants will gain insights into effective strategies for managing social media usage while maintaining a balance between productivity and engagement. We will explore the implications of social media on workplace culture, communication, and employee satisfaction, along with practical tips for creating a social media policy that aligns with organizational goals. By the end of this session, attendees will be equipped with the knowledge to navigate the complexities of social media management in an increasingly digital landscape.

By the end of this session, participants will be able to:

- Develop effective strategies—ensuring it supports organizational objectives while minimizing distractions.
- Create a comprehensive social media policy—one that addresses usage guidelines and aligns with an organization’s culture and values.
- Learn and implement best practices—monitor and promote positive social media interactions, contributing to a healthier environment.

15-Minute Break

10:10 a.m.

Conflict, Courage & Connection: What To Do When Things Get Uncomfortable

10:25 a.m.

Lisa Arendell

Most of us weren't taught how to handle conflict well, we were just taught to get through it. This session changes that. In this hands-on session, participants will explore their own conflict patterns, learn to spot

tension before it builds, and discover practical tools they can use immediately. Through engaging activities and real-world scenarios, participants will gain clarity on how they naturally respond under pressure and build genuine confidence in navigating difficult moments. By the end of this session, attendees will leave with skills that stick, and deeper connections, because the best leaders are those who handle conflict with both grace and clarity.

By the end of this session, participants will be able to:

- Identify their personal conflict style and triggers — recognizing whether their default response is avoidance, escalation, or accommodation, and understanding how those patterns impact team dynamics and organizational health.
- Recognize early warning signs of conflict — reading verbal and nonverbal cues such as shifts in tone, body language, word choice, and group dynamics in order to intervene thoughtfully before tension escalates.
- Initiate and navigate difficult conversations with confidence — applying a practical framework for direct, respectful dialogue that addresses issues early, preserves relationships, and models healthy conflict resolution for the broader membership.

Fellows Lunch

12:00 p.m.

Conflict, Courage & Connection: What To Do When Things Get Uncomfortable

CONTINUED

1:00 p.m.

Lisa Arendell

Reflections and Closing Remarks

2:30 p.m.

Ilesha D. Brown, SIA Chief Impact & Engagement Officer

End of session

3:00 p.m.

Informal networking and light refreshments available for Fellows Participants